



DISCIPLINE WITH DIGNITY

(A Parenting Night)

As children mature and begin to move through new developmental stages, our discipline techniques and strategies need to change accordingly. At what age and in what way is 'time-out' effective? How can we involve our children in decision making? Many people find themselves parenting in the way in which they, themselves, were brought up. With so many options available today, and a wide range of very effective techniques, we have a choice. Whilst we don't necessarily want to be our child's best friend, it would be nice to think that our homes are places of nurturing and modeling, where individuals act and are treated with respect.

"Discipline with Dignity" is a parent information seminar, looking at ways in which we can fulfill our role as parents, guiding and shaping our children in a positive, respectful and dignified manner

This parent information evening addresses the following issues:

- Discipline - 10 Secrets to Success
- The "HOT" issues (parent perspectives)
- Where things can go wrong
 - Discipline methods / Behaviour management
 - Developmental / Cognitive issues
- Systems that work
- Self-esteem and happiness

DATE: Monday 18th August, 2008
TIME: 7.00pm (tea / coffee & biscuits) – for a 7.30pm start
VENUE: La Trobe University, Albury/Wodonga Campus, Moorefield Park Drive – Lecture Theatre (Building 6)
COST: \$35.00 – single entry (\$60.00 – 2 parents discount)

Alison Brown is a registered psychologist, an experienced teacher, and a parent. She has been a committee member and Vice President of the Victorian Association for Gifted and Talented Children over six years, has presented at a number of state, national and international conferences in the areas of technology, gifted education, and psychology, and has provided extensive consultation and training programs to schools in Victoria, New South Wales, Queensland, Switzerland and Germany.

Alison brings experience from both an educational and psychological background. Having taught for seven years at Methodist Ladies' College, Melbourne, and worked as a school psychologist at Kincoppal-Rose Bay, Sydney, she has first-hand experience in recognising and catering for the social, emotional, and academic needs of students. Alison runs a private practice in Melbourne, working particularly in the areas of parenting, counselling and gifted children.

(Email: alisonbrown@psychologyandchildren.com.au Phone: (03) 9824 6617 / www.psychologyandchildren.com.au)

DISCIPLINE WITH DIGNITY (Parent Information Night)

I / we wish to attend the Parent Information Night given by Alison Brown on 18th August at 7.30pm at La Trobe University

Names: _____

Phone: _____ Mobiles: _____

Email: (for tickets) _____

Number of people attending: _____ Cost: \$35 per person _____ Cash / Cheque / EFT

Mail to: 24 Robinson Street, Malvern 3144 (Phone: (03) 9824 6617 Email: alisonbrown@psychologyandchildren.com.au)