



**RIDING THE WAVES!**  
 (Raising emotionally intense and gifted children)  
**A PARENT FORUM**

Living with bright and capable young children can be an absolute delight, as they quickly develop and become increasingly aware of the world around them. This awareness and rapid development, however, often brings with it a heightened intensity in social, emotional and physical issues. Encountering frustrations and perfectionism in a 2 year old, an intense sense of fairness and social justice in a 4 year old, an insatiable thirst for knowledge in a 6 year old, and an overly-burdened awareness of the world in an 8 year old can leave parents wondering how best to meet the needs of bright little children who seem to be “marching to the beat of a different drum”.

“Riding the Waves” is a monthly forum for parents of emotionally intense and gifted children. With a range of topics and techniques presented each month, this forum provides an opportunity to meet and discuss issues with parents sharing similar experiences. Come along to the topics that interest you or whichever months you are free.

As well as general discussion in each forum, these monthly meetings will cover topics as follows:

- ❖ Emotional Intensity (2<sup>nd</sup> March, 2011)
- ❖ Perfectionism / Self-esteem (6<sup>th</sup> April, 2011)
- ❖ Modifying school & homework tasks (4<sup>th</sup> May, 2011)
- ❖ What “Being Gifted” really means (1<sup>st</sup> June, 2011)
- ❖ Underachievement / motivation (3<sup>rd</sup> August, 2011)
- ❖ Social interactions (7<sup>th</sup> September, 2011)
- ❖ Obsessive behaviours (2<sup>nd</sup> November, 2011)

**DATE:** 1<sup>st</sup> Wednesday of each month (generally – check dates)  
**TIME:** 7.30 – 9.00pm (tea / coffee & cakes)  
**VENUE:** “Kids in Kooyong” – Level 1, 479 Glenferrie Road, Kooyong (near railway line) - **Mel Ref: 59C3**  
**COST:** \$20.00 per session

*Alison Brown is a registered psychologist, an experienced teacher, and a parent. She has been a committee member and Vice President of the Victorian Association for Gifted and Talented Children over six years, has presented at a number of state, national and international conferences in the areas of technology, gifted education, and psychology, and has provided extensive consultation and training programs to schools in Victoria, New South Wales, Queensland, Switzerland and Germany. Alison brings experience from both an educational and psychological background. Having taught for seven years at Methodist Ladies’ College, Melbourne, and worked as a school psychologist at Kincoppal-Rose Bay, Sydney, she has first-hand experience in recognising and catering for the social, emotional, and academic needs of students. Alison runs a private practice in Melbourne, working particularly in the areas of parenting, counselling and gifted children, and is undertaking a PhD at La Trobe University looking at the benefits of using narrative therapy in counseling with children..*

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**RIDING THE WAVES (Parent Forum)**

I / we are interested in attending the Parent Forums run by Alison Brown on the 1<sup>st</sup> Wednesday of each month at 7.30pm at “Kids in Kooyong” – Level 1, 479 Glenferrie Road, Kooyong 3144

Names: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Mobiles: \_\_\_\_\_  
 Email: \_\_\_\_\_

Number attending: \_\_\_\_\_ Cost: \$20 per person per session \_\_\_\_\_ Cash / Cheque / EFT

**Mail to: address above** (Phone: 0408 177982 Email: [alisonbrown@psychologyandchildren.com.au](mailto:alisonbrown@psychologyandchildren.com.au))

**Direct bank deposit to: NAB / Alison Brown – Psychologist / BSB: 083166 / Account: 560401451**