



RIDING THE WAVES!
 (Raising emotionally intense and gifted children)
A PARENT FORUM

Living with bright and capable young children can be an absolute delight, as they quickly develop and become increasingly aware of the world around them. This awareness and rapid development, however, often brings with it a heightened intensity in social, emotional and physical issues. Encountering frustrations and perfectionism in a 2 year old, an intense sense of fairness and social justice in a 4 year old, an insatiable thirst for knowledge in a 6 year old, and an overly-burdened awareness of the world in an 8 year old can leave parents wondering how best to meet the needs of bright little children who seem to be “marching to the beat of a different drum”.

“Riding the Waves” is a monthly forum for parents of emotionally intense and gifted children. With a range of topics and techniques presented each month, this forum provides an opportunity to meet and discuss issues with parents sharing similar experiences. Come along to the topics that interest you or whichever months you are free.

As well as general discussion in each forum, these monthly meetings will cover topics as follows:

- | | |
|---------------------------------------|---|
| ❖ Emotional Intensity (November 2008) | ❖ Organisational skills (May 2009) |
| ❖ Perfectionism (February 2009) | ❖ Obsessive behaviours (June 2009) |
| ❖ Social interactions (March 2009) | ❖ Extra curricular activities (July 2009) |
| ❖ Thirst for knowledge (April 2009) | ❖ Modifying school and homework tasks |

DATE: 4th Tuesday of each month
TIME: 7.30 – 8.30pm (tea / coffee & biscuits)
VENUE: Melbourne University – Hawthorn Campus (Auburn Road - **Mel Ref: 59E2**)
COST: \$35.00 per session (Rebates available through most private health funds or through Medicare with a GP referral)

Alison Brown is a registered psychologist, an experienced teacher, and a parent. She has been a committee member and Vice President of the Victorian Association for Gifted and Talented Children over six years, has presented at a number of state, national and international conferences in the areas of technology, gifted education, and psychology, and has provided extensive consultation and training programs to schools in Victoria, New South Wales, Queensland, Switzerland and Germany. Alison brings experience from both an educational and psychological background. Having taught for seven years at Methodist Ladies’ College, Melbourne, and worked as a school psychologist at Kincoppal-Rose Bay, Sydney, she has first-hand experience in recognising and catering for the social, emotional, and academic needs of students. Alison runs a private practice in Melbourne, working particularly in the areas of parenting, counselling and gifted children, and is undertaking a PhD at La Trobe University researching narrative therapy and early intervention with children.

(Email: alisonbrown@psychologyandchildren.com.au Phone: (03) 9824 6617 / www.psychologyandchildren.com.au)

RIDING THE WAVES (Parent Forum)

I / we are interested in attending the Parent Forums run by Alison Brown on the 4th Tuesday of each month at 7.30pm at Melbourne University, Hawthorn Campus, Auburn Road

Names: _____

Phone: _____ Mobiles: _____

Email: _____

Number attending: _____ Cost: \$35 per person per session _____ Cash / Cheque / EFT

Mail to: 24 Robinson Street, Malvern 3144 (Phone: (03) 9824 6617 Email: alisonbrown@psychologyandchildren.com.au)

Rebates available through most private health funds or through Medicare with a GP referral